

Boyertown Optimist Lacrosse Teams

General Information

We are **B.O.L.T.** Our team name is **Lightning**.

This is our 6th year for **Boy's** Lacrosse – There are U9, U11, U13, & U15 teams. These teams are based on the player's age as of January 1, 2009. Players must play in their age group.

U9's consist of boys born in 2000-2001. U11's consist of boys born in 1998-1999.

U13's consist of boys born in 1996-1997. U15's consist of boys born in 1994-1995.

We are a member of the PVYLL (Penn Valley Youth Lacrosse League). We compete against teams such as Pottstown, Coventry, Limerick, Schnecksville (just north of Dorney Park), Bethlehem, Saucon Valley, Southern Lehigh, Easton, Forks, Palmer, Nazareth, Wilson West Lawn, Lower Macungie, and Amity. We will also compete against other local programs in pick-up games.

Fields – Douglass Park (behind the Douglass/Montgomery Township Building), Gilbertsville, PA.
(pending Boyertown Soccer Club approval) & Boyertown High School Field # 5.

Season – March 1st to June 13th - See Calendar of Events

Practices – U9: 1-2 times a week, U11: 2-3 times a week, U13: 3-4 times a week, U15: 4-5 times a week.

Games – Generally on Saturdays & Sundays. An occasional local game will be scheduled during the week. U9's will participate in Play-Day Saturdays or Sundays. They will play 3-4 games in one day.

Equipment – Helmet, Mouthpiece, Shoulder Pads, Arm Pads, Gloves, Stick (shaft & head for attack/midfielder), Sneakers or Spikes (NO metal spikes), Athletic Supporter (not mandatory but highly recommended), Rib Pads (not mandatory) – See Equipment Diagram. This equipment is personally bought and owned; except U9's are supplied by B.O.L.T. We do have an equipment rental program for first year U11, U13, & U15 players – See Equipment Rental Forms. Hockey equipment may be used at the U9 & U11 levels only. Helmets, Gloves (if you can handle your stick while wearing), and pads are acceptable.
NOTE: Gloves & Mouthpieces must be supplied by the player.

Uniforms – Will be distributed by B.O.L.T. Game Jersey, which will be collected at the end of the season, and black "B.O.L.T." shorts, which are kept by the players, will be worn.
Jersey Care: Wash in cold water, with jersey turned inside out. Do not place in dryer.
Complete Uniforms must be worn for the player to be eligible to play in a game. Uniforms may not be worn at practice.

U13's & U15's – Identification Cards will, once again, be required to participate in a game. Players who had them made previously do not have to do it again this year. Players new to the U13's & U15's, who have not had a card made yet must do so. B.O.L.T. will announce the time a place for the photo shoot.

Registration – The completed Registration Form, Parent Code Of Conduct Form, a Copy of the player's Birth Certificate, & a Check for the registration fee must be submitted before the player can participate in any capacity. Returning Players, with copies of birth certificates on file, do not have to submit another copy of their Birth Certificate. Registration may be done at the Information/Registration Meeting on December 2, 2008 at 7:00pm. in the Boyertown Area Senior High School Cafeteria. Or, you may download the required forms, fill them out completely, and mail them to the address shown on the form.

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General Information (Continued)

Registration Fee – **\$110.00**, except U9's with their own complete equipment will only pay \$90.00.

NOTICE: Now until December 19th, 2008 we are offering registration for only \$90.00, and only \$70.00 for U9's with their own equipment. To take advantage of this discount the complete registration process must be received or postmarked by December 19, 2008.

Fundraisers – Not determined, except the End Of Season Tournaments; participation is required.

Adult Participation required – Assistant Coaches, Team Parents, Team Media Persons, Team Scorekeepers, Team Timekeepers, & Tournament Helpers.

Communications – **Emails are used for program communications.** It is very important for us to have your current email address. Please keep us updated when making a change. And, check them regularly.

Contact – Brian Heimbach – **(NEW)** Email: LacrosseBoys@BoyertownOptimist.org

The Optimist also have a **Girl's** Lacrosse program for 3rd-6th grade girls. For more information please contact Mrs. Audrey Nettles – Email: LacrosseGirls@BoyertownOptimist.org.

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Equipment Rental Instructions

U9's – Those requiring equipment will be issued such.

- Download, Complete, and mail the “2009 Equipment Request” form, in the Registration section of this web site, by December 19, 2008. Equipment is limited to inventory, so do not delay. Late requests cannot be guaranteed.
 - **Measure** Head, Chest, Height, & Weight.
 - **Select** Equipment required.
- **Be present at the February 14, 2009 equipment distribution.**
 - You will need to Download, Complete, and bring with you the “2009 U9 Equipment Agreement” form.
 - You will also need to bring a check for the “Buy-Out” fee. This check is held until June 16, 2009. You may return all or part of the equipment at that time and receive your check (or swap checks for partial equipment returns) or keep the equipment and we will deposit the check.

1st Year Players – Those desiring equipment to rent may do so.

- Download, Complete, and mail the “2009 Equipment Request” form, in the Registration section of this web site, by December 19, 2008. Equipment is limited to inventory, so do not delay. Late requests cannot be guaranteed.
 - **Measure** Head, Chest, Height, & Weight.
 - **Select** Equipment required.
- **Be present at the February 14, 2009 equipment distribution.**
 - You will need to Download, Complete, and bring with you the “2009 Equipment Rental Agreement” form.
 - You will also need to bring two checks. One for the “Rental” & one for the “Buy-Out” fee. The check for the Rental Fee will be deposited immediately. The check for the Buy-Out Fee is held until June 16, 2009. You may return all or part of the equipment at that time and receive your check (or swap checks for partial equipment returns) or keep the equipment and we will deposit the check.

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- **The Request Form must be received by December 19th, 2008. You may submit this form to:
B.O.L.T. @ 188 Vale Drive, Boyertown, PA 19512**
 - **B.O.L.T. Equipment is for U9's & 1ST Year Players Only.**

Equipment – Mandatory - Helmet, Mouthpiece, Shoulder Pads, Arm Pads, Gloves, Stick (shaft & head for attack/midfielder), Sneakers or Spikes (NO metal spikes)

Equipment – Not Mandatory - Athletic Supporter (highly recommended), Rib Pads (highly recommended for U15's & slimmer players)

Hockey equipment may be used at the U9 & U11 Levels Only. Helmets, Gloves (if you can handle your stick while wearing), and pads are acceptable.

NOTE: Gloves & Mouthpieces must be supplied by the Player.

Lacrosse International in Downingtown, PA has supplied our program and offers discounts to our players.